



POWER HOUSE YOGA

200 HOUR TEACHER TRAINING PROGRAM

Please complete the application form and return it to Power House Yoga via email: dee@powerhouseyoga.com.au or mail to: Power House Yoga Programs, Level 1, 34-36 Paternoster Lane, Berwick VIC 3806.

Name: Mobile:

Address:

Email:

Occupation: Date of Birth: M / F

CONTACT PERSON IN CASE OF EMERGENCY:

Name: Phone:

Relationship to you:

PLEASE ANSWER THE FOLLOWING QUESTIONS:

Please list any previous yoga experience (length of time, style of yoga, etc):

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Why are you interested in participating in the 200 hour teacher training program?

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What are your expectations for this course? What do you hope to learn, gain or work on?

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Do you currently teach yoga or any other fitness style? YES NO

If so, please briefly describe your teaching experience (e.g. type of activity taught, how many classes per week, size of classes, where you teach, etc):

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How did you hear about the course?

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Do you have any pre-existing medical conditions that would prevent you from practicing yoga?

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Important – Please indicate yes or no to the following conditions. If yes, please provide further details below and check with your doctor before commencing this program:

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|---|-----|----|
| Do you exercise regularly (for males over 35 / females over 45)? | Yes | No |
| Recent hospitalization and/or surgery:..... | Yes | No |
| Any heart conditions? | Yes | No |
| Are you pregnant? | Yes | No |
| High blood pressure (>140/90)?..... | Yes | No |
| Shortness of breath / breathing difficulties?..... | Yes | No |
| Gout, Stroke, Diabetes, Epilepsy, Hernia, Glandular Fever, Rheumatic Fever? | Yes | No |
| Dizziness or fainting? | Yes | No |
| Arthritis, Asthma, Cramps, Muscular pain?..... | Yes | No |
| Any pain/injuries to the neck, back, knees, ankles? | Yes | No |

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List any medications you are taking:

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Other conditions that would cause you to modify your exercise program (please specify):

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POWER HOUSE YOGA TERMS AND CONDITIONS

Payment Policy

- A \$500 deposit is due upon acceptance into the course to secure your place.
- Final balance is due at least 2 weeks prior to course commencement date unless a payment plan is in place.
- The participant will forfeit their place on the course if tuition is not received 2 weeks prior to commencement of the program date.
- For cancellations within 2 weeks of commencement date, a cancellation fee of \$500 applies. For cancellations within 1 week of commencement date, a \$1000 cancellation fee applies.
- If extenuating circumstances apply, other refund terms may be considered on a case-by-case basis.

Attendance Policy

- A minimum of 95% attendance is required for the certificate to be awarded.
- Students who miss more than 5% of the contact hours may request private tuition at their own cost to make up any missed sessions (costs are \$100 p/hour).

Permission to Use Photographs and Footage

I agree to allow Power House Yoga to use photographs and video footage of me in publications and promotional materials for Power House Yoga, all of which are made public via print publications or website. I understand that the use of all photographs/footage will be anonymous; my name will NOT be used. I understand that photographs/footage may be used in publication for the next ten years.

I have read the terms and conditions of undertaking this program at Power House Yoga and I understand and agree to all terms and conditions.

Name:..... Date:.....

Signature:

PAYMENT METHODS:

Investment: \$3,750.00

NB: 3 course text books are not included in this price

Bank Transfer:

Power House Yoga
BSB: 083 547
Acct: 26-944-1626
Bank Ref: 200hrTT (+ your full name)

Please tick if you have paid via bank transfer and indicate amount transferred below:

- \$500 Minimum Deposit
- Full Program Tuition

If your application is accepted less than 4 weeks prior to the program commencement date, the full tuition cost will be applicable.

Credit Card:

Please circle: MasterCard Visa
Card No.: _ _ _ _ _ _ _ _ _ _
Expiry: _ _ / _ _ CCV: _ _ _

Cardholder Name:

Signature:

Please indicate amount you wish to be processed:

- \$500 Minimum Deposit
- Full Program Tuition

If your application is received less than 4 weeks prior to the program commencement date, the full tuition cost will be processed.

